

## PREVENTIVE & REHABILITATION

Metabolic syndrome and risk factor management,

**Chairman** : Abdulhalim Kinsara, Ragdah Aljehani, Fahad Alnouri

Date	Time	Topic	Speaker
13 October 2022	09:00 - 09:05	Program highlight	Abdulhalim Kinsara
	09:05 - 09:15	Scope of the problem: From metabolic syndrome to ACS	Anwar Jelani
	09:15 - 09:30	Hypertension management and beyond	Nasser Alqahtani
	09:30 - 09:45	Essentials of diabetes management in cardiac patient, current recommendations	Gamal Hussein
	09:45 - 10:00	Treating dyslipidemia in metabolic syndrome and ACS	Alberto Zambon
	10:00 - 10:15	What is new in triglyceride relation to CAD and management	Fahad Ofi
	10:15 - 10:30	Discussion & Questions	

Effect of Lifestyle and behavioural changes on prevention and management of CVD, join session with EAPC

**Chairman** :Mansour Alnozha, Fakhr Al-Ayoubi, Domenico Galzerano,

Date	Time	Topic	Speaker
13 October 2022	11:00 - 11:15	Exercising in highly active individuals with cardiovascular disease, How much is too much?	Silvia Castelletti
	11:15 - 11:30	Diet & nutrition role in cardiovascular prevention	Osama Hamdi
	11:30 - 11:45	Obesity; lifestyle and other intervention when and how?	Ahmed Krimly
	11:45 - 12:00	Prevalence and impact of depression & anxiety among CVD patients	Karl-Heinz Ladwig
	12:00 - 12:15	Chemotherapy-related cardiotoxicity prevention and early detection	Azra Mahmud
	12:15 - 12:30	Discussion & Questions	

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Utilization of diagnostic tools in prevention, join session with EAS

**Chairman** : Lale Tokgozoglu, Talal Alghamdi, Olga Vríz

Date	Time	Topic	Speaker
13 October 2022	13:00 - 13:15	Appropriate utilization of the available tools (heart score/ASCD) for CV risk assessment and management	Hamdan Alshehri
	13:15 - 13:30	Can imaging guide treatment	Lale Tokgozoglu
	13:30 - 13:45	Microvascular disease: how to detect and how to prevent	Maciej Banach
	13:45 - 14:00	Role of biomarkers in cardiac prevention , where cholchicine stands	Naif Alghasab
	14:00 - 14:15	Can we implement what we know	Roeters Van lennep
	14:15 - 14:30	Discussion & Questions	

Cardiac Rehabilitation in Saudi Arabia Past, Present and Future, Join session with ICCPR

**Chairman** : Saeed Alqarni, Jadwiga Wolszakiewicz, Adam Staron

Date	Time	Topic	Speaker
13 October 2022	14:30 - 14:45	Cardiac Rehabilitation in Saudi Arabia; past, present & Future Perceptions	Najeeb Jaha
	14:45 - 15:00	Virtual and social media as alternative in Cardiac rehabilitation in SA	Mohammed Takroni
	15:00 - 15:15	Cardiac Rehabilitation in low resource setting	Karam Turk-Adawi
	15:15 - 15:30	Cardiac Rehabilitation in complex coronary artery disease	Fernando Rivera
	15:30 - 15:45	Women focused cardiac rehabilitation, new practical guideline	Jennifer Price
	15:45 - 16:00	Discussion and questions	

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PEARLS FROM THE MOST RECENT ESC AND SAUDI GUIDELINES IN THE PREVENTION ARENA (ESC & Preventive)

**Chairman** : François Mach, Ragdah Aljehani

Date	Time	Topic	Speaker
14 October 2022	13:30 - 13:50	The new SCORE 2 of the 2021 ESC prevention Guidelines	Frank Visseren
	13:50 - 14:10	The new 2022 Saudi Guidelines for the management of dyslipidemia	Abdulaziz Algethami
	14:10 - 14:30	The new stepwise approach of the 2021 ESC prevention Guidelines	François Mach
	14:30 - 14:50	SGL1&SGLT2lin prevention of CVD and kidney	Rowaa Attar
	14:50 - 15:00	Discussion and questions	